

SEPT 2022

GEAR UP FOR DANCE



ANNOUNCEMENTS:

Flavored, low-fat milk (1%) in addition to unflavored, low-fat milk and flavored or unflavored nonfat milk
Menu Subject to Change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Hamburger on Bun 1 Pickle Chips Waffle Fries Barbecue Baked Beans Assorted Fruit Milk	Pizza 2 French Fries Steamed Peas and Carrots Marinara Sauce Assorted Fruit Milk
School Holiday 5 Labor Day	Corn Dog 6 Steamed Broccoli w/CS Mini Carrots Sliced Peaches or Orange Smiles	Chicken Nuggets w/ Fresh Baked Roll 7 Seasoned Green Beans Mashed Potatoes Fruit Cup or Red Delicious Apple	Beefy Nacho's 8 w/ Scooby Doo Bones Cinnamon Graham Pinto Beans Sweet Corn Fresh Berry Mix or Banana	Crispy Chicken Sandwich w/ Pickles 9 Sweet Potato Wedges Carrot Coins Slice Watermelon or Navel Orange
Hot Dog w/ Baked Cheetos 12 Roasted Red Potatoes Barbecue Baked Beans Apple or Banana	BBQ Rib on a Bun w/Pickles 13 Broccoli Bites w/Ranch Steamed Vegetables Mixed Fruit Cup or Navel Orange	Steak Fingers w/ Fresh Baked Roll 14 Seasoned Green Beans Mashed Potatoes Banana Berry Blend or Whole Fresh Fruit	Taco Snack w/Cheese Sauce 15 Side Salad Pinto Beans Strawberry Cup or Honey Crisp Apple - Milk	Hamburger w/LTP 16 Mini Carrots Curly French Fries Side Kick Fruit cup or Texas Grapefruit
Personal Pan Pizza 19 Ranch Beans Cauliflower & Tomato Cup Pineapple Tidbits or Side Kicks Fruit	Mini Corn Dogs 20 Steamed Broccoli Mini Carrots Sliced Peaches or Orange Smiles	Chicken Nuggets or w/ Seasoned Green Beans 21 Mashed Potatoes Frozen Fruit Cup or Red Delicious Apple	Fish Sticks w/ Mac & Cheese 22 Sweet Potato Fries Cucumber Salad Fresh Berry Mix or Banana	Hamburger or Cheeseburger on Bun w/wo Pickles 23 Potato Wedges Baked Beans Fresh Honeydew or Whole Fresh Fruit
Pizza – Cheese 26 Steamed Broccoli Marinara Sauce Apple or Banana	Chicken Sandwich 27 Lettuce & Tomato Colossal Fries Mini Carrots Applesauce or Navel Orange	Chicken Drumstick w/ Fresh Baked Roll 28 Seasoned Green Beans Mashed Potatoes Banana Berry Blend or Whole Fresh Fruit	Beefy Taco's 29 Taco Cup Sweet Corn Pinto Beans Strawberry Cup or Honey Crisp Apple	Lunchables Ham w/Baked Chips 30 Fresh Vegetable Cup Ranch Style Beans Green & Red Grapes or Apple Slices

