

SEPT 2022

GEAR UP FOR DANCE



ANNOUNCEMENTS:

PB&J Sandwich w/Cheese Stick & Graham Cracker entrée Tuesday & Thursday.

Handmade Grilled Cheese entrée Monday, Wednesday & Friday.

Farm Fresh Friday

Flavored, low-fat milk (1%) in addition to unflavored, low-fat milk and flavored or unflavored nonfat milk
Menu Subject to Change

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

School Holiday
Labor Day

Orange Chicken Rice Bowl
 Steamed Broccoli w/CS
 Mini Carrots
 Sliced Peaches or Orange
 Smiles

Chicken Fried Chicken w/
 Fresh Baked Roll
 Seasoned Green Beans
 Mashed Potatoes
 Fruit Cup or Red
 Delicious Apple

Hamburger on Bun
 Pickle Chips
 Waffle Fries
 Barbecue Baked Beans
 Assorted Fruit
 Milk

Pizza
 French Fries
 Steamed Peas and Carrots
 Marinara Sauce
 Assorted Fruit
 Milk

Hot Dog / Baked Cheetos
 Roasted Red Potatoes
 Barbecue Baked Beans
 Apple or Banana

BBQ Rib on a Bun
 w/Pickles
 Broccoli Bites w/Ranch
 Steamed Vegetables
 Mixed Fruit Cup or Navel
 Orange

Steak Fingers w/ Fresh
 Baked Roll
 Seasoned Green Beans
 Mashed Potatoes
 Banana Berry Blend or
 Whole Fresh Fruit

Tornados w/Cheese Sauce
 Side Salad
 Lindale Mild Sauce
 Pinto Beans
 Strawberry Cup or Honey
 Crisp Apple - Milk

Hamburger w/LTP
 Mini Carrots
 Curly French Fries
 Side Kick Fruit cup or
 Texas Grapefruit

Personal Pan Pizza
 Ranch Beans
 Cauliflower & Tomato Cup
 Pineapple Tidbits or
 Side Kicks Fruit

Orange Chicken w/ Rice
 Steamed Broccoli
 Mini Carrots
 Sliced Peaches or Orange
 Smiles Milk

Chicken Nuggets or w/
 Seasoned Green Beans
 Mashed Potatoes
 Frozen Fruit Cup or Red
 Delicious Apple

Fish Sticks w/ Mac &
 Cheese
 Sweet Potato Fries
 Cucumber Salad
 Fresh Berry Mix or Banana

Hamburger or
 Cheeseburger on Bun w/wo
 Pickles
 Potato Wedges
 Baked Beans
 Fresh Honeydew or Whole
 Fresh Fruit

French Bread Pizza
 Steamed Broccoli
 Marinara Sauce
 Apple or Banana

Chicken Sandwich
 Lettuce & Tomato
 Colossal Fries
 Mini Carrots
 Applesauce or Navel
 Orange

Chicken Drumstick w/
 Fresh Baked Roll
 Seasoned Green Beans
 Mashed Potatoes
 Banana Berry Blend or
 Whole Fresh Fruit

Taco Salad
 Tornados w/Cheese Sauce
 LISD Mild Sauce
 Pinto Beans
 Strawberry Cup or Honey
 Crisp Apple

BBQ Sandwich
 Cole Slaw
 Ranch Style Beans
 Green & Red Grapes or
 Apple Slices

