

# January 2026

## EARLY CHILDHOOD CENTER

	MON	TUES	WED	THURS	FRI
BREAKFAST				<b>1 School Holiday</b>	<b>2 School Holiday</b>
LUNCH					
BREAKFAST Week 1	<b>5 Student Holiday</b>	<b>6</b> Mini Pancakes Diced Pear Cup Fruit Juice Milk	<b>7</b> Breakfast Pizza Harvest Fruit Cup Fruit Juice Milk	<b>8</b> Breakfast Stick Dried Fruit Blend Fruit Juice Milk	<b>9</b> Chocolate Muffin Fruit Cup Fruit Juice Milk
LUNCH		Steak Fingers -Roll Green Beans Mashed Potatoes Peach Fruit Cup	Cheese Pizza Steamed Broccoli Marinara Sauce Cup Flvr. Applesauce	Beef Spaghetti w/ Bread Stick Side Salad Mixed Vegetables Flavored Craisins	Breaded Chicken Burger Emoji Fries Baked Beans Flvr. Applesauce Cup
BREAKFAST Week 2	<b>12</b> Sausage Roll Applesauce Cup Fruit Juice Milk	<b>13</b> Mini Pancakes Diced Pear Cup Fruit Juice Milk	<b>14</b> Breakfast Pizza Harvest Fruit Cup Fruit Juice Milk	<b>15</b> Ham & Cheese Croissant Dried Fruit Blend Fruit Juice Milk	<b>16</b> Blueberry Muffin Fruit Cup Fruit Juice Milk
LUNCH	Mac & Cheese -Bread Steamed Corn Sweet Potato Fries Flavored Craisins	Chicken Nuggets-Roll Green Beans Mashed Potatoes Peach Fruit Cup	Pepperoni Pizza Steamed Broccoli Baby Carrot Coins Flvr. Applesauce	Fish Sticks - Bread Sweet Potato Fries Mixed Vegetables Flavored Craisins	Mr. Rib Sandwich Tot Star Fries Baked Beans Flvr. Applesauce Cup
BREAKFAST Week 3	<b>19 Martin Luther King Jr. Day</b>	<b>20</b> Mini Pancakes Diced Pear Cup Fruit Juice Milk	<b>21</b> Breakfast Pizza Harvest Fruit Cup Fruit Juice Milk	<b>22</b> Breakfast on a Stick Dried Fruit Blend Fruit Juice Milk	<b>23</b> Chocolate Muffin Fruit Cup Fruit Juice Milk
LUNCH	<b>School Holiday</b>	Steak Fingers – Roll Green Beans Mashed Potatoes Peach Fruit Cup	Pepperoni Pizza Steamed Broccoli Baby Carrot Coins Flvr. Applesauce	Beefy Mac -Bread Side Salad Mixed Vegetables Flavored Craisins	Chicken Burger Emoji Fries Baked Beans Flvr. Applesauce Cup
BREAKFAST Week 4	<b>26</b> Sausage Roll Applesauce Cup Fruit Juice Milk	<b>27</b> Mini Pancakes Diced Pear Cup Fruit Juice Milk	<b>28</b> Breakfast Pizza Harvest Fruit Cup Fruit Juice Milk	<b>29</b> Breakfast on a Stick Dried Fruit Blend Fruit Juice Milk	<b>30</b> Blueberry Muffin Fruit Cup Fruit Juice Milk
LUNCH	BBQ Rib on a Bun Sweet Potatoes Fries Mixed Vegetables Flavored Craisins	Chicken Nuggets-Roll Green Beans Mashed Potatoes Peach Fruit Cup	Cheese Pizza Broccoli Bites Marinara Sauce Cup Flvr. Applesauce Cup	Corn Dog Baby Carrots Coins Celery Sticks Flavored Craisins	Juicy Hamburger Tot Star Fries Baked Beans Flvr. Applesauce Cup

100% Fruit Juice offered at Breakfast Daily. Variety of Milk offered at Breakfast and Lunch Daily. Fresh Whole Fruit is a second choice offer at Lunch Daily. Turkey & Cheese Sandwich is available daily as an alternate to any entrée. Menu Subject To change due to delivery.

# January 2026

## Early Childhood Pre-K

	MON	TUES	WED	THURS	FRI
BREAKFAST				<b>1 School Holiday</b>	<b>2 School Holiday</b>
LUNCH					
BREAKFAST Week 1	<b>5 Student Holiday</b>	<b>6</b> Mini Pancakes Diced Pear Cup Fruit Juice Milk	<b>7</b> Breakfast Pizza Harvest Fruit Cup Fruit Juice Milk	<b>8</b> Breakfast on a Stick Dried Fruit Blend Fruit Juice Milk	<b>9</b> Chocolate Muffin Fruit Cup Fruit Juice Milk
LUNCH		Steak Fingers -Roll Mashed Potatoes Peach Fruit Cup	Cheese Pizza Steamed Broccoli Flvr. Applesauce	Beef Spaghetti w/ Bread Stick Mixed Vegetables Flavored Craisins	Chicken Burger Emoji Fries Flvr. Applesauce Cup
BREAKFAST Week 2	<b>12</b> Sausage Roll Applesauce Cup Fruit Juice Milk	<b>13</b> Mini Pancakes Diced Pear Cup Fruit Juice Milk	<b>14</b> Breakfast Pizza Harvest Fruit Cup Fruit Juice Milk	<b>15</b> Ham & Cheese Croissant Dried Fruit Blend Fruit Juice Milk	<b>16</b> Blueberry Muffin Fruit Cup Fruit Juice Milk
LUNCH	Mac & Cheese -Bread Steamed Corn Flavored Craisins	Chicken Nuggets-Roll Mashed Potatoes Peach Fruit Cup	Pepperoni Pizza Steamed Broccoli Flvr. Applesauce	Fish Sticks -Bread Slice of Bread Mixed Vegetables Flavored Craisins	Mr. Rib Sandwich Tot Star Fries Flvr. Applesauce Cup
BREAKFAST Week 3	<b>19 Martin Luther King Jr. Day</b>	<b>20</b> Mini Pancakes Diced Pear Cup Fruit Juice Milk	<b>21</b> Breakfast Pizza Harvest Fruit Cup Fruit Juice Milk	<b>22</b> Breakfast on a Stick Dried Fruit Blend Fruit Juice Milk	<b>23</b> Chocolate Muffin Fruit Cup Fruit Juice Milk
LUNCH	<b>School Holiday</b>	Steak Fingers – Roll Mashed Potatoes Peach Fruit Cup	Pepperoni Pizza Steamed Broccoli Flvr. Applesauce	Beefy Mac -Bread Mixed Vegetables Flavored Craisins	Chicken Burger Emoji Fries Flvr. Applesauce Cup
BREAKFAST Week 4	<b>26</b> Sausage Roll Applesauce Cup Fruit Juice Milk	<b>27</b> Mini Pancakes Diced Pear Cup Fruit Juice Milk	<b>28</b> Breakfast Pizza Harvest Fruit Cup Fruit Juice Milk	<b>29</b> Breakfast on a Stick Dried Fruit Blend Fruit Juice Milk	<b>30</b> Blueberry Muffin Fruit Cup Fruit Juice Milk
LUNCH	BBQ Rib on a Bun Sweet Potatoes Fries Mixed Vegetables Flavored Craisins	Chicken Nuggets-Roll Mashed Potatoes Peach Fruit Cup	Cheese Pizza Broccoli Bites Flvr. Applesauce Cup	Corn Dog Baby Carrots Flavored Craisins	Juicy Hamburger Tot Star Fries Flvr. Applesauce Cup

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# January 2026

## College Street and Velma Penny

	MON	TUES	WED	THURS	FRI
BREAKFAST				<b>1 School Holiday</b>	<b>2 School Holiday</b>
LUNCH					
BREAKFAST Week 1	<b>5 Student Holiday</b>	<b>6</b> Mini Pancakes Cereal & Toast Diced Pear Cup Fruit Juice Milk	<b>7</b> Breakfast Pizza Cereal & Graham Cracker Harvest Cup Fruit Juice -Milk	<b>8</b> Ham & Cheese Croissant Cereal & Graham Crackers Dried Fruit Blend Fruit Juice -Milk	<b>9</b> Choc. Muffin Cereal / Toast Fruit Cup Fruit Juice Milk
LUNCH		Steak Fingers Popcorn Chicken Bw/Hot Roll Green Beans Mashed Potatoes Peach Fruit Cup	Cheese Pizza Grilled Cheese Sand. Steamed Broccoli Baby Carrot w/Ranch Flvr. Applesauce Cup	Beef Spaghetti w/BS Moz. Cheese Sticks Marinara Cup Side Salad Mixed Vegetables Flavored Craisins	Chicken Burger Hot Dog Burger Salad Emoji Fries Baked Beans Flvr. Applesauce Cup
BREAKFAST Week 2	<b>12</b> Donuts Cereal & Graham Cracker Applesauce Cup Fruit Juice -Milk	<b>13</b> Mini Pancakes Cereal & Toast Diced Pear Cup Fruit Juice Milk	<b>14</b> Breakfast Pizza Cereal & Graham Cracker Harvest Cup Fruit Juice -Milk	<b>15</b> Brk. on a Stick Cereal & Graham Crackers Dried Fruit Blend Fruit Juice-Milk	<b>16</b> Blueberry Muffin Cereal / Toast Fruit Cup Fruit Juice Milk
LUNCH	Mac & Cheese W/Slice of Bread Fish Sticks Sweet Potato Fries Mixed Vegetables Flavored Craisins	Chicken Nuggets Steak Fingers Bw/Hot Roll Green Beans Mashed Potatoes Peach Fruit Cup	Personal Pan Pizza Meatball Sub Marinara Sauce Garden Salad Steamed Broccoli Flvr. Applesauce Cup	Nachos- Beef & Cheese PB&J Sandwich Sweet Corn Refried Beans LSD Mild Sauce Flavored Craisins	Juicy Hamburger Cheeseburger Burger Salad Tot Star Fries Baked Beans Flvr. Applesauce Cup
BREAKFAST Week 3	<b>19 Martin Luther King Jr. Day</b>	<b>20</b> Mini Pancakes Cereal & Toast Diced Pear Cup Fruit Juice Milk	<b>21</b> Breakfast Pizza Cereal & Graham Cracker Harvest Cup Fruit Juice -Milk	<b>22</b> Ham & Cheese Croissant Cereal & Graham Crackers Dried Fruit Blend Fruit Juice -Milk	<b>23</b> Choc. Muffin Cereal / Toast Fruit Cup Fruit Juice Milk
LUNCH	<b>School Holiday</b>	Steak Fingers Chicken Nuggets Bw/ Hot Roll Green Beans Mashed Potatoes Peach Fruit Cup	Pepperoni Pizza PB&J Sandwich Marinara Sauce Cup Steamed Broccoli Baby Carrot Coins Flvr. Applesauce Cup	Beefy Mac w/Slice Bread Grilled Cheese Sandwich Side Salad Mixed Vegetables Flavored Craisins	Chicken Burger Hot Dog Burger Salad Emoji Fries Baked Beans Flvr. Applesauce Cup
BREAKFAST Week 4	<b>26</b> Donuts Cereal & Graham Cracker Applesauce Cup Fruit Juice -Milk	<b>27</b> Mini Pancakes Cereal & Toast Diced Pear Cup Fruit Juice -Milk	<b>28</b> Breakfast Pizza Cereal & Graham Cracker Harvest Cup Fruit Juice -Milk	<b>29</b> Brk. on a Stick Cereal & Graham Crackers Dried Fruit Blend Fruit Juice-Milk	<b>30</b> Blueberry Muffin Cereal / Toast Fruit Cup Fruit Juice -Milk
LUNCH	BBQ Rib on a Bun Personal Pan Pizza Sweet Potatoes Fries Mixed Vegetables Flavored Craisins	Chicken Nuggets w/ Hot Roll Sloppy Joe on a Bun Green Beans Mashed Potatoes Peach Fruit Cup	Cheese Pizza PB&J Sandwich Broccoli Bites Marinara Sauce Cup Flvr. Applesauce Cup	Corn Dog Pep. French Bread Baby Carrots Celery Sticks Flavored Craisins	Juicy Hamburger Cheeseburger Burger Salad Tot Star Fries Baked Beans Flvr. Applesauce Cup

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# January 2026

## EJ MOSS Intermediate

	MON	TUES	WED	THURS	FRI
BREAKFAST				<b>1 School Holiday</b>	<b>2 School Holiday</b>
LUNCH					
BREAKFAST Week 1	<b>5 Student Holiday</b>	<b>6</b> Mini Pancakes Cereal & Toast Diced Pear Cup Fruit Juice Milk	<b>7</b> Breakfast Pizza Cereal & Graham Cracker Harvest Fruit Cup Fruit Juice -Milk	<b>8</b> Ham & Cheese Croissant Cereal & Graham Crackers Dried Fruit Blend Fruit Juice -Milk	<b>9</b> Choc. Muffin Cereal / Toast Fruit Cup Fruit Juice Milk
LUNCH		Steak Fingers Popcorn Chicken Bw/Hot Roll Green Beans Mashed Potatoes Peach Fruit Cup	Cheese Pizza Grilled Cheese Sand. Steamed Broccoli Baby Carrot w/Ranch Flvr. Applesauce Cup	Beef Spaghetti w/BS Moz. Cheese Sticks Marinara Cup Side Salad Mixed Vegetables Flavored Craisins	Chicken Burger Hot Dog Burger Salad Emoji Fries Baked Beans Flvr. Applesauce Cup
BREAKFAST Week 2	<b>12</b> Donuts Cereal & Graham Cracker Applesauce Cup Fruit Juice -Milk	<b>13</b> Mini Pancakes Cereal & Toast Diced Pear Cup Fruit Juice Milk	<b>14</b> Breakfast Pizza Cereal & Graham Cracker Harvest Fruit Cup Fruit Juice -Milk	<b>15</b> Breakfast on a Stick Cereal & Graham Crackers Dried Fruit Blend Fruit Juice-Milk	<b>16</b> Blueberry Muffin Cereal / Toast Fruit Cup Fruit Juice Milk
LUNCH	Mac & Cheese Fish Sticks BW/Slice of Bread Sweet Potato Fries Mixed Vegetables Flavored Craisins	Chicken Nuggets Steak Fingers Bw/Hot Roll Green Beans Mashed Potatoes Peach Fruit Cup	Personal Pan Pizza Meatball Sub Marinara Sauce Garden Salad Steamed Broccoli Flvr. Applesauce Cup	Nachos- Beef & Cheese PB&J Sandwich Sweet Corn Refried Beans LSD Mild Sauce Flavored Craisins	Juicy Hamburger Cheeseburger Burger Salad Tot Star Fries Baked Beans Flvr. Applesauce Cup
BREAKFAST Week 3	<b>19 Martin Luther King Jr. Day</b>	<b>20</b> Mini Pancakes Cereal & Toast Diced Pear Cup Fruit Juice Milk	<b>21</b> Breakfast Pizza Cereal & Graham Cracker Harvest Fruit Cup Fruit Juice -Milk	<b>22</b> Ham & Cheese Croissant Cereal & Graham Crackers Dried Fruit Blend Fruit Juice -Milk	<b>23</b> Choc. Muffin Cereal / Toast Fruit Cup Fruit Juice Milk
LUNCH	<b>School Holiday</b>	Steak Fingers Chicken Nuggets Bw/ Hot Roll Green Beans Mashed Potatoes Peach Fruit Cup	Pepperoni Pizza PB&J Sandwich Marinara Sauce Cup Steamed Broccoli Baby Carrot Coins Flvr. Applesauce Cup	Beefy Mac w/Slice Bread Grilled Cheese Sandwich Side Salad Mixed Vegetables Flavored Craisins	Chicken Burger Hot Dog Burger Salad Emoji Fries Baked Beans Flvr. Applesauce Cup
BREAKFAST Week 4	<b>26</b> Donuts Cereal & Graham Cracker Applesauce Cup Fruit Juice -Milk	<b>27</b> Mini Pancakes Cereal & Toast Diced Pear Cup Fruit Juice Milk	<b>28</b> Breakfast Pizza Cereal & Graham Crackers Harvest Fruit Cup Fruit Juice -Milk	<b>29</b> Breakfast on a Stick Cereal & Graham Crackers Dried Fruit Blend Fruit Juice-Milk	<b>30</b> Blueberry Muffin Cereal / Toast Fruit Cup Fruit Juice Milk
LUNCH	BBQ Rib on a Bun Personal Pan Pizza Sweet Potatoes Fries Mixed Vegetables Flavored Craisins	Chicken Nuggets w/ Hot Roll Sloppy Joe on a Bun Green Beans Mashed Potatoes Peach Fruit Cup	Cheese Pizza PB&J Sandwich Broccoli Bites Marinara Sauce Cup Flvr. Applesauce Cup	Corn Dog Pep. French Bread Baby Carrots Celery Sticks Flavored Craisins	Juicy Hamburger Cheeseburger Burger Salad Tot Star Fries Baked Beans Flvr. Applesauce Cup

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**January 2026**  
**LINDALE HIGH & JUNIOR HIGH**

	MON	TUES	WED	THURS	FRI
BREAKFAST	Chef Salads PBJ Offered Everyday Lunch			1 <b>School Holiday</b>	2 <b>School Holiday</b>
LUNCH					
BREAKFAST Week 1	5 <b>Student Holiday</b>	6 Pancakes w/Sausage Assorted Cereal Donuts Diced Pear Cup	7 Breakfast Pizza Cereal & Toast Mini Cinnis Harvest Fruit Cup	8 H&C Croissant Assorted Muffins Assorted Cereal Dried Fruit Blend	9 Sausage Link & French Toast Sticks Assorted Cereal Fruit Cup
LUNCH		Steak Fingers w/ Roll - Gravy Chicken Tenders Green Beans Mashed Potatoes Peach Fruit Cup	Orange Chicken Rice Bowl Pull Pork on Bun w/Chips Seasoned Broccoli Baby Carrots w/Ranch Flvr. Applesauce Cup	Beef Spaghetti w/BS Moz. Cheese Sticks Marinara Cup Side Salad Mixed Vegetables Flavored Craisins	Chicken Burger Hot Dog or Chili Dog Burger Salad Fries Baked Beans Flvr. Applesauce Cup
BREAKFAST Week 2	12 B-fast Biscuit Honey Bun Assorted Cereal Applesauce Cup	13 Pancakes w/Sausage Assorted Cereal Donuts Diced Pear Cup	14 Breakfast Pizza Cereal & Toast Mini Cinnis Harvest Fruit Cup	15 H&C Croissant Assorted Muffins Assorted Cereal Dried Fruit Blend	16 Blueberry Muffin Breakfast on a Stick Assorted Cereal Fruit Cup
LUNCH	Chicken Bites & Mac & Cheese Fish on a Bun/Pickles Sweet Potato Fries Mixed Vegetables Flavored Craisins	Chicken Tenders Steak Fingers Both w/ Roll - Gravy Green Beans Mashed Potatoes Peach Fruit Cup	Big Daddy Pizza /MS Chicken Spaghetti w/ Bread Sticks Steamed Broccoli Baby Carrot Coins Flvr. Applesauce Cup	Nachos- Beef & Cheese Personal Pan Pizza Sweet Corn Refried Beans LISD- Hot Sauce Flavored Craisins	Juicy Hamburger Cheeseburger Burger Salad Fries Baked Beans Flvr. Applesauce Cup
BREAKFAST Week 3	19 <b>Martin Luther King Jr. Day</b>	20 Pancakes w/Sausage Assorted Cereal Donuts Diced Pear Cup	21 Breakfast Pizza Cereal & Toast Mini Cinnis Harvest Fruit Cup	22 H&C Croissant Assorted Muffins Assorted Cereal Dried Fruit Blend	23 Sausage Link & French Toast Sticks Assorted Cereal
LUNCH	<b>School Holiday</b>	Steak Fingers Chicken Tenders Bw/ Roll - Gravy Green Beans Mashed Potatoes Peach Fruit Cup	Orange Chicken Rice Bowl Pizza Cheese Sticks Seasoned Broccoli Marinara Sauce Cup Baby Carrots w/Ranch Flvr. Applesauce Cup	Beefy Mac w/Slice Bread Sliced Pizza – Cheese Side Salad Mixed Vegetables Flavored Craisins	Chicken Burger Hot Dog Burger Salad Fries Baked Beans Flvr. Applesauce Cup
BREAKFAST Week 4	26 B-fast Biscuit Cinnamon Rolls Assorted Cereal Applesauce Cup	27 Pancakes w/Sausage Assorted Cereal Donuts Diced Pear Cup	28 Breakfast Pizza Cereal & Toast Mini Cinnis Harvest Fruit Cup	29 H&C Croissant Assorted Muffins Assorted Cereal Pop-Tart Dried Fruit Blend	30 Blueberry Muffin Breakfast on a Stick Assorted Cereal Fruit Cup
LUNCH	BBQ Pull Pork on a Bun & Chips Personal Pan Pizza Sweet Tater Fries Mixed Vegetables Flavored Craisins	Chicken Tenders Steak Fingers Both w/ Hot Roll Gravy Green Beans Mashed Potatoes Peach Fruit Cup	Big Daddy Pizza Chicken Alfredo w/ Bread Sticks Steamed Broccoli Baby Carrot Coins Marinara Sauce Cup Flvr. Applesauce Cup	Enchilada's & Rice Pep. French Bread Steamed Corn Pinto Beans – Salsa Marinara Sauce Flavored Craisins	Juicy Hamburger Cheeseburger Burger Salad Fries Baked Beans Fruit Cup

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