

October 2025

EARLY CHILDHOOD CENTER

	MON	TUES	WED	THURS	FRI
BREAKFAST	Oct. 13-17 National School Lunch Week		1 Breakfast Pizza Applesauce Fruit Juice Milk	2 Ham & Cheese Croissant Whole Apple Fruit Juice Milk	3 School Holiday
LUNCH			Chicken Nuggets -Roll Green Beans Mashed Potatoes Peaches	Taco Snack w/ CS. Sweet Corn Pinto Beans Fruit	School Holiday Parent Conf. Night
BREAKFAST	6 Student Holiday	7 Mini Pancakes Eggo – Choc. Sliced Peaches Fruit Juice Milk	8 Breakfast Pizza Applesauce Fruit Juice Milk	9 Breakfast on a Stick Whole Apple Fruit Juice Milk	10 Chocolate Muffin Sliced Peaches Fruit Juice Milk
LUNCH	Student Holiday	Steak Fingers -Roll Green Beans Mashed Potatoes Peaches	Cheese Pizza Steamed Broccoli Marinara Sauce Cup Flvr. Applesauce	Beef Spaghetti w/ Bread Stick Side Salad Mixed Vegetables Fruit	Breaded Chicken Burger Emoji Fries Baked Beans Fresh Grapes
BREAKFAST	13 Morning Sausage Roll Diced Pears Fruit Juice Milk	14 Mini Pancakes Eggo- Blueberry Sliced Peaches Fruit Juice Milk	15 Breakfast Pizza Applesauce Fruit Juice Choice of Milk	16 Ham & Cheese Croissant Whole Apple Fruit Juice Choice of Milk	17 Blueberry Muffin Fresh Fruit Fruit Juice Choice of Milk
LUNCH	Mac & Cheese -Bread Steamed Corn Sweet Potato Fries Fruit Cup	Chicken Nuggets-Roll Green Beans Mashed Potatoes Peaches	Pepperoni Pizza Steamed Broccoli Baby Carrot Coins Flvr. Applesauce	Fish Sticks Sweet Potato Fries Mixed Vegetables Orange Quarters	Mr. Rib Sandwich Tot Star Fries Baked Beans Fresh Melon
BREAKFAST	20 Morning Sausage Roll Diced Pears Fruit Juice Milk	21 Mini Pancakes Eggo – Choc. Sliced Peaches Fruit Juice Milk	22 Breakfast Pizza Applesauce Cup Fruit Juice Milk	23 Breakfast on a Stick Sliced Apple Fruit Juice Milk	24 Chocolate Muffin Sliced Peaches Fruit Juice Milk
LUNCH	Breaded Chicken Burger Steamed Corn Sweet Potato Tots Fruit Cup	Steak Fingers – Roll Green Beans Mashed Potatoes Peaches	Cheese Pizza Broccoli Bites Marinara Sauce Cup Flvr. Applesauce Cup	Corn Dog Baby Carrots Celery Sticks Orange Smiles	Hamburger Emoji Fries Baked Beans Fresh Grapes
BREAKFAST	27 Morning Sausage Roll Diced Pears Fruit Juice Milk	28 Mini Pancakes Eggo-Blueberry Sliced Peaches Fruit Juice Milk	29 Breakfast Pizza Applesauce Fruit Juice Milk	30 Ham & Cheese Croissant Whole Apple Fruit Juice Milk	31 Blueberry Muffin Fresh Fruit Fruit Juice Milk
LUNCH	Mini Corn Dogs Steamed Corn Sweet Potato Fries Side Kick Fruit Cup	Chicken Nuggets-Roll Green Beans Mashed Potatoes Peaches	Pepperoni Pizza Steamed Broccoli Baby Carrot Coins Flvr. Applesauce	Juicy Hamburger Tot Star Fries Baked Beans Orange Quarters	Mummy Dog Spiders Curls Scarecrow Sticks Pumpkin Heads Swamp Pudding

100% Fruit Juice offered at Breakfast Daily. Variety of Milk offered at Breakfast and Lunch Daily. Apple or Orange is a second choice offer at Lunch Daily. Ham & Cheese Sandwich is available daily as an alternate to any entrée. Menu Subject To change due to delivery.

October 2025

Early Childhood Pre-K

	MON	TUES	WED	THURS	FRI
BREAKFAST	Oct. 13-17 National School Lunch Week		1 Breakfast Pizza Applesauce Fruit Juice Milk	2 Ham & Cheese Croissant Whole Apple Fruit Juice Milk	3 School Holiday
LUNCH			Chicken Nuggets Hot Roll Mashed Potatoes Peaches	Taco Snack w/ CS. Sweet Corn Side Kick Fruit Cup	School Holiday Parent Conf. Night
BREAKFAST	6 Student Holiday	7 Mini Pancakes Sliced Peaches Fruit Juice Milk	8 Breakfast Pizza Applesauce Fruit Juice Milk	9 Breakfast on a Stick Whole Apple Fruit Juice Milk	10 Chocolate Muffin Sliced Peaches Fruit Juice Milk
LUNCH	Student Holiday	Steak Fingers Hot Roll Mashed Potatoes Peaches	Cheese Pizza Steamed Broccoli Flvr. Applesauce	Beef Spaghetti i w/ Bread Stick Mixed Vegetables Side Kick Fruit Cup	Breaded Chicken Burger Emoji Fries Fresh Grapes
BREAKFAST	13 Morning Sausage Roll Diced Pears Fruit Juice Milk	14 Mini Pancakes Sliced Peaches Fruit Juice Milk	15 Breakfast Pizza Applesauce Fruit Juice Choice of Milk	16 Ham & Cheese Croissant Whole Apple Fruit Juice Choice of Milk	17 Blueberry Muffin Fresh Fruit Fruit Juice Choice of Milk
LUNCH	Mac & Cheese w/Bread Steamed Corn Fruit Cup	Chicken Nuggets Hot Roll Mashed Potatoes Peaches	Pepperoni Pizza Steamed Broccoli Flvr. Applesauce	Fish Sticks Mixed Vegetables Orange Quarters	Mr. Rib Sandwich Tot Star Fries Fresh Watermelon
BREAKFAST	20 Morning Sausage Roll Diced Pears Fruit Juice Milk	21 Cereal & Toast Sliced Peaches Fruit Juice Milk	22 Breakfast Pizza Applesauce Cup Fruit Juice Milk	23 Ham & Cheese Croissant Sliced Apple Fruit Juice Milk	24 Chocolate Muffin Sliced Peaches Fruit Juice Milk
LUNCH	Breaded chicken Burger Steamed Corn Fruit Cup	Steak Fingers Hot Roll Mashed Potatoes Peaches	Cheese Pizza Broccoli Bites Flvr. Applesauce Cup	Corn Dog Baby Carrots Orange Smiles	Hamburger Emoji Fries Fresh Grapes
BREAKFAST	27 Morning Sausage Roll Diced Pears Fruit Juice Milk	28 Cereal & Toast Sliced Peaches Fruit Juice Milk	29 Breakfast Pizza Applesauce Fruit Juice Milk	30 Yogurt w/Teddy Graham Whole Apple Fruit Juice Milk	31 Blueberry Muffin Fresh Fruit Fruit Juice Milk
LUNCH	Mini Corn Dogs Sweet Corn Side Kick Fruit Cup	Chicken Nuggets Hot Roll Mashed Potatoes Peaches	Pepperoni Pizza Steamed Broccoli Flvr. Applesauce	Juicy Hamburger Mixed Vegetables Orange Quarters	Mummy Dog Spider Fries Pumpkin Heads Swamp Pudding

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October 2025

College Street and Velma Penny

	MON	TUES	WED	THURS	FRI
BREAKFAST	Oct. 13-17 National School Lunch Week		1 Breakfast Pizza Cereal & Toast Applesauce Fruit Juice Milk	2 Ham & Cheese Croissant Mixed Fruit Cup Fruit Juice Milk	3 School Holiday
LUNCH			Chicken Nuggets Salisbury Steak Bw/ Hot Roll Green Beans Mashed Potatoes Peaches	Taco Snack w/ CS. PB&J Sandwich Sweet Corn Pinto Beans Side Kick Fruit Cup	School Holiday Parent Conf. Night
BREAKFAST	6 Student Holiday	7 Hashbrown w/Sausage Cereal & Toast Sliced Peaches Fruit Juice-Milk	8 Breakfast Pizza Cereal & Toast Applesauce Fruit Juice Milk	9 Ham & Cheese Croissant Cereal / Toast Mixed Fruit Cup Fruit Juice- Milk	10 Choc. Muffin Cereal / Toast Fresh Fruit Fruit Juice Milk
LUNCH	Student Holiday	Steak Finger Chicken Nuggets Bw/ Hot Roll Green Beans Mashed Potatoes Peaches	Cheese Pizza PB&J Sandwich Steamed Broccoli Baby Carrot w/Ranch Flvr. Applesauce Cup	Crispitos w/CS PB&J Sandwich Steamed Corn Pinto Beans Side Kick Fruit Cup	Chicken Burger Hot Dog Burger Salad Emoji Fries Baked Beans Fresh Grapes
BREAKFAST	13 Pancake on a Stick Cereal & Toast Mixed Fruit Fruit Juice -Milk	14 Hashbrown w/Sausage Cereal & Toast Sliced Peaches Fruit Juice-Milk	15 Breakfast Pizza Cereal & Toast Applesauce Fruit Juice Milk	16 Ham & Cheese Croissant Mixed Fruit Cup Fruit Juice Milk	17 Blueberry Muffin Cereal / Toast Whole Fruit Fruit Juice Milk
LUNCH	Mac & Cheese W/Slice of Bread Fish Sticks Sweet Potato Fries Mixed Vegetables Orange Quarters	Chicken Nuggets Steak Fingers Bw/ Hot Roll Green Beans Mashed Potatoes Peaches	Beef Spaghetti PB&J Sandwich Garlic Bread Stick Garden Salad Steamed Broccoli Flvr. Applesauce Cup	Nachos- Beef & Cheese PB&J Sandwich Sweet Corn Refried Beans Side Kick Fruit Cup	Juicy Hamburger Or Cheeseburger Burger Salad Tot Star Fries Baked Beans Fresh Watermelon
BREAKFAST	20 Sausage Roll Cereal & Toast Diced Pears Fruit Juice Milk	21 Hashbrown w/Sausage Cereal & Toast Sliced Peaches Fruit Juice-Milk	22 Breakfast Pizza Cereal & Toast Applesauce Fruit Juice Milk	23 Ham & Cheese Croissant Cereal / Toast Sliced Apple Fruit Juice- Milk	24 Choc. Muffin Cereal / Toast Fresh Fruit Fruit Juice Milk
LUNCH	Crispy Chicken Burger Texas Corn Dog Burger Salad Baby Carrots Celery Sticks Orange Quarters	Popcorn Chicken Steak Fingers Bw/ Hot Roll Green Beans Mashed Potatoes Peaches	Pepperoni Pizza PB&J Sandwich Broccoli Bites Marinara Sauce Cup Flvr. Applesauce Cup	Corn Dog Hot Pocket Baby Carrots Mixed Vegetables Side Kick Fruit Cup	Hamburger ANYTIME LUNCHABLE Burger Salad Emoji Fries Baked Beans Fresh Grapes
BREAKFAST	27 Pancake on a Stick Cereal & Toast Mixed Fruit Fruit Juice -Milk	28 Hashbrown w/Sausage Cereal & Toast Sliced Peaches Fruit Juice-Milk	29 Breakfast Pizza Cereal & Toast Applesauce Fruit Juice Milk	30 Ham & Cheese Croissant Mixed Fruit Cup Fruit Juice Milk	31 Blueberry Muffin Cereal / Toast Fresh Fruit Fruit Juice Milk
LUNCH	Sub Sandwich & Chip Personal Pan Pizza Sweet Potatoes Fries Mixed Vegetables Orange Quarters	Chicken Nuggets Salisbury Steak Bw/ Hot Roll Green Beans Mashed Potatoes Peaches	Pepperoni Pizza PB&J Sandwich Marinara Sauce Cup Steamed Broccoli Baby Carrot Coins Flvr. Applesauce Cup	Taco Salads Grilled Cheese Sweet Corn LISD Mild Sauce Pinto Beans Side Kick Fruit Cup	Monster Burger Mummy Dog Burger Salad Spiders Fries-Beans Swamp Pudding Pumpkin Heads

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October 2025

EJ MOSS Intermediate

	MON	TUES	WED	THURS	FRI
BREAKFAST	Oct. 13-17 National School Lunch Week		1 Breakfast Pizza Cereal & Toast Applesauce Fruit Juice Milk	2 Ham & Cheese Croissant Mixed Fruit Cup Fruit Juice Milk	3 School Holiday
LUNCH			Chicken Nuggets Salisbury Steak Bw/ Hot Roll Green Beans Mashed Potatoes Peaches	Taco Snack w/ CS. PB&J Sandwich Sweet Corn Pinto Beans Side Kick Fruit Cup	School Holiday Parent Conf. Night
BREAKFAST	6 Student Holiday	7 Hashbrown w/Sausage Cereal & Toast Sliced Peaches Fruit Juice-Milk	8 Breakfast Pizza Cereal & Toast Applesauce Fruit Juice Milk	9 Ham & Cheese Croissant Cereal / Toast Mixed Fruit Cup Fruit Juice- Milk	10 Choc. Muffin Cereal / Toast Fresh Fruit Fruit Juice Milk
LUNCH	Student Holiday	Steak Finger Chicken Nuggets Bw/ Hot Roll Green Beans Mashed Potatoes Peaches	Cheese Pizza PB&J Sandwich Steamed Broccoli Baby Carrot w/Ranch Flvr. Applesauce	Crispitos w/CS PB&J Sandwich Steamed Corn Pinto Beans Side Kick Fruit Cup	Chicken Burger Hot Dog Burger Salad Emoji Fries Baked Beans Fresh Grapes
BREAKFAST	13 Pancake on a Stick Cereal & Toast Mixed Fruit Fruit Juice -Milk	14 Hashbrown w/Sausage Cereal & Toast Sliced Peaches Fruit Juice -Milk	15 Breakfast Pizza Cereal & Toast Applesauce Fruit Juice Milk	16 Ham & Cheese Croissant Mixed Fruit Cup Fruit Juice Milk	17 Blueberry Muffin Cereal / Toast Whole Fruit Fruit Juice Milk
LUNCH	Mac & Cheese W/Slice of Bread Fish Sticks Sweet Potato Fries Mixed Vegetables Orange Quarters	Chicken Nuggets Steak Fingers Bw/ Hot Roll Green Beans Mashed Potatoes Peaches	Beef Spaghetti Corn Dog Garlic Bread Stick Garden Salad Steamed Broccoli Flvr. Applesauce	Nachos- Beef & Cheese PB&J Sandwich Sweet Corn Refried Beans Side Kick Fruit Cup	Juicy Hamburger Or Cheeseburger Burger Salad Tot Star Fries Baked Beans Fresh Watermelon
BREAKFAST	20 Sausage Roll Cereal & Toast Diced Pears Fruit Juice Milk	21 Hashbrown w/Sausage Cereal & Toast Sliced Peaches Fruit Juice-Milk	22 Breakfast Pizza Cereal & Toast Applesauce Fruit Juice Milk	23 Ham & Cheese Croissant Cereal / Toast Sliced Apple Fruit Juice- Milk	24 Choc. Muffin Cereal / Toast Fresh Fruit Fruit Juice Milk
LUNCH	Crispy Chicken Burger Texas Corn Dog Burger Salad Baby Carrots Celery Sticks Orange Quarters	Popcorn Chicken Steak Fingers Bw/ Hot Roll Green Beans Mashed Potatoes Peaches	Pepperoni Pizza PB&J Sandwich Broccoli Bites Mariana Sauce Flvr. Applesauce Cup	Corn Dog Hot Pocket Baby Carrots Mixed Vegetables Whole Orange	Hamburger Sliders ANYTIME LUNCHABLE Burger Salad Emoji Fries Baked Beans Fresh Grapes
BREAKFAST	27 Pancake on a Stick Cereal & Toast Mixed Fruit Fruit Juice -Milk	28 Hashbrown w/Sausage Cereal & Toast Sliced Peaches Fruit Juice-Milk	29 Breakfast Pizza Cereal & Toast Applesauce Fruit Juice Milk	30 Ham & Cheese Croissant Mixed Fruit Cup Fruit Juice Milk	31 Blueberry Muffin Cereal / Toast Fresh Fruit Fruit Juice Milk
LUNCH	Sub Sandwich & Chips Personal Pan Pizza Sweet Potatoes Fries Mixed Vegetables Orange Quarters	Chicken Nuggets Salisbury Steak Bw/ Hot Roll Green Beans Mashed Potatoes Peaches	Pepperoni Pizza PB&J Sandwich Steamed Broccoli Marinara Sauce Cup Baby Carrot Coins Flvr. Applesauce	Taco Salad Grilled Cheese Sweet Corn Pinto Beans Side Kick Fruit Cup	Monster Burger Mummy Dog Burger Salad Spiders Fries-Beans Swamp Pudding

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LINDALE HIGH & JUNIOR HIGH

	MON	TUES	WED	THURS	FRI
BREAKFAST	Oct. 13-17 National School Lunch Week		1 Breakfast Pizza Cereal & Toast Mini Cinnis Applesauce	2 H&C Croissant Assorted Muffins & Cereal Sliced Apple	3 School Holiday
LUNCH			Chicken Tenders Steak Fingers Both w/ Hot Roll w/wo Gravy Green Beans Mashed Potatoes Peaches	Nachos-Beef & Cheese Chicken Quesadilla Mexican Street Corn Pinto Beans LISD -Salsa Side Kicks Fruit Cup	School Holiday Parent Conf. Night
BREAKFAST	6 Student Holiday	7 Hashbrown w/Sausage Assorted Cereal Donuts Sliced Peaches	8 Breakfast Pizza Cereal & Toast Mini Cinnis Applesauce	9 H&C Croissant Assorted Muffins & Cereal Sliced Apple	10 Sausage Link & French Toast Sticks Assorted Cereal
LUNCH	Student Holiday	Steak Fingers Spicy Chicken Tenders Both w/ Roll - Gravy Green Beans Mashed Potatoes Peaches	Orange Chicken Bowl Turkey & Cheddar Sandwich w/Chips Seasoned Broccoli Baby Carrots w/Ranch Flvr. Applesauce	Crispitos w/CS French Pizza w/MS Steamed Corn Pinto Beans LISD- Salsa Side Kicks Fruit Cup	Cheeseburger Hot Dog Burger Salad Twister Fries Baked Beans Fresh Grapes
BREAKFAST	13 B-fast Biscuit Fruit Strudels Assorted Cereal Diced Pears	14 Hashbrown w/Sausage Assorted Cereal Donuts Sliced Peaches	15 Breakfast Pizza Cereal & Toast Mini Cinnis Applesauce	16 H&C Croissant Assorted Muffins & Cereal Sliced Apple	17 Blueberry Muffin Scrambled Eggs w/Toast Cereal / Toast
LUNCH	Chicken Bites & Mac & Cheese Fish on a Bun/Pickles Sweet Potato Fries Mixed Vegetables Orange Quarters	Chicken Fried Steak Chicken Smackers Both w/ Roll - Gravy Green Beans Mashed Potatoes Peaches	Beef Spaghetti w/BS Turkey & Pepper Jack Sandwich w/Chips Seasoned Broccoli Fresh Garden Salad Flvr. Applesauce	Nachos- Beef & Cheese Personal Pan Pizza Sweet Corn Refried Beans LISD- Salsa Side Kicks Fruit Cup	Juicy Hamburger Or Cheeseburger Burger Salad French Fries Baked Beans Fresh Watermelon
BREAKFAST	20 B-fast Biscuit Fruit Strudels Assorted Cereal Diced Pears	21 Hashbrown w/Sausage Assorted Cereal Donuts Sliced Peaches	22 Breakfast Pizza Cereal & Toast Mini Cinnis Applesauce	23 H&C Croissant Assorted Muffins & Cereal Sliced Apple	24 Sausage Link & French Toast Sticks Assorted Cereal
LUNCH	Crispy Chicken Burger Texas Corn Dog Burger Salad Baby Carrots Celery Sticks Orange Quarters	Chicken Fried Steak Salisbury Steak Both w/ Roll - Gravy Green Beans Mashed Potatoes Peaches	Orange Chicken Bowl Hot Pocket w/Chips Seasoned Broccoli Marinara Sauce Cup Baby Carrots w/Ranch Flvr. Applesauce	Taco Salad Personal Pan Pizza Steamed Corn Pinto Beans Lindale Salsa Side Kick Fruit Cup	Chicken Burger Hamburger Burger Salad French Fries Baked Beans Fresh Grapes
BREAKFAST	27 B-fast Biscuit Fruit Strudels Assorted Cereal Diced Pears	28 Hashbrown w/Sausage Assorted Cereal Donuts Sliced Peaches	29 Breakfast Pizza Cereal & Toast Mini Cinnis Applesauce	30 H&C Croissant Assorted Muffins & Cereal Sliced Apple	31 Blueberry Muffin Scrambled Eggs w/Toast Cereal / Toast
LUNCH	Sub Sandwich & Chips Personal Pan Pizza Sweet Tater Fries Mixed Vegetables Orange Quarters	Chicken Tenders Steak Fingers Both w/ Hot Roll w/wo Gravy Green Beans Mashed Potatoes Peaches	Big Daddy Pizza /MS Chicken Alfredo w/ Bread Sticks Steamed Broccoli Baby Carrot Coins Flvr. Applesauce	Taco Salads Chicken Quesadilla Mexican Street Corn Pinto Beans LISD -Hot Sauce Side Kicks Fruit Cup	Monster Burger Mummy Dog Burger Salad Spiders Fries-Beans Swamp Pudding Pumpkin Heads

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