

## COURTNEY SANGUINETTI DIRECTOR OF COMMUNICATIONS Phone: (903) 881-4001 ext. 1015 Fax: (903) 881-4004

sanguinetticd@lisdeagles.net www.lindaleeagles.org

## THE LINDALE INDEPENDENT SCHOOL DISTRICT EDUCATING EVERY CHILD EVERY DAY

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## LINDALE INDEPENDENT SCHOOL DISTRICT KINDNESS CERTIFIED

The Lindale Independent School District is now a Kindness Certified School District. Lindale ISD is participating in "The Great Kindness Challenge" this week, empowering our students to create a culture of kindness. More than 10 million students in more than 20,000 schools in 103 countries are participating in "The Great Kindness Challenge."

"The Great Kindness Challenge is a fun and easy way to encourage students to spread kindness throughout our school and community by performing as many acts of kindness as possible in one week," said counselor, Leslie Dowdle. "It is a proactive approach to combat bullying and creating a culture of compassion, empathy and respect. This week, the students are completing individual acts of kindness as well as campus-wide service projects that benefit others in our community. Our ultimate goal is to foster an environment that values the importance of being kind all year round."

Students, this week, will have a checklist with the opportunity to repeat kind act after kind act. As kindness becomes a habit, peace becomes possible. "The Great Kindness Challenge" is a grassroots movement that is making our schools, communities and world a kinder and more compassionate place for all.

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